

PERSONAL HISTORY

Date: _____ Social Security No.: _____

Name: _____ Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Business Phone: _____

Birthdate: _____ Age: _____ Sex: M F

Business/Employer: _____ Type of Work: _____

Do you do repeated lifting, bending, etc? _____ Do you sit for prolonged periods? _____

Check One: Married Single Widowed Divorced Separated No. of Children _____

Your cell phone no.: _____ Email address: _____

Emergency contact and phone _____ Referred to this office by: _____

Who is responsible for your bill: Self Spouse Worker's Comp. Medicaid Medicare
Auto Insurance Personal Health Insurance Other

CURRENT HEALTH CONDITION

Purpose of this appointment: _____

Other doctors seen for this condition: _____

When did this condition begin: _____

Do you smoke? _____ Pks/cigarettes/day Do you drink alcohol? _____ Drinks/day

Do you drink coffee? _____ Cups/day

Drugs

Antidepressants Birth Control Pills Pain Killers/Muscle Relaxers Blood Pressure Medicine
Insulin Other: _____

PAST HEALTH HISTORY

Please check and date

Major surgery/operations: Appendectomy Tonsillectomy Gall Bladder Hernia Hysterectomy

Broken bones: _____ Other: _____

Major accidents or falls: _____

Hospitalization (other than above): _____

Have you had previous chiropractic care? Yes No

If yes, who? _____ Results? _____ When? _____

Below is a list of conditions which may seem unrelated to the purpose of your appointment. However, these questions must be answered carefully these problems can affect your overall diagnosis, treatment plan and possibility of being accepted for care.

✓ **CHECK ANY OF THE FOLLOWING DISEASES YOU HAVE HAD:**

- | | | | |
|--|---|--|---|
| <input type="checkbox"/> Scarlet Fever | <input type="checkbox"/> Malaria | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Alcoholism |
| <input type="checkbox"/> Diphtheria | <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Cancer | <input type="checkbox"/> Venereal Infection |
| <input type="checkbox"/> Typhoid Fever | <input type="checkbox"/> Whooping Cough | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Arthritis |
| <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Anemia | <input type="checkbox"/> Goiter | <input type="checkbox"/> Epilepsy |
| <input type="checkbox"/> Rheumatic Fever | <input type="checkbox"/> Small Pox | <input type="checkbox"/> Pleurisy | <input type="checkbox"/> Mental Disorder |
| <input type="checkbox"/> Polio | | | <input type="checkbox"/> Eczema |

✓ **CHECK ANY OF THE FOLLOWING THAT'S A PROBLEM:**

MUSCULO-SKELETAL

- Low Back Pain _____
- Pain Between Shoulders _____
- Neck Pain _____
- Arm Pain _____
- Joint Pain/Stiffness _____
- Walking Problems _____
- Difficult Chewing/Clicking Jaw _____
- Knee Pain _____

NERVOUS SYSTEM

- Numbness _____
- Paralysis _____
- Dizziness _____
- Forgetfulness _____
- Confusion/Depression _____
- Fainting _____
- Convulsions _____
- Cold/Tingling Extremities _____

GASTRO-INTESTINAL

- Poor/Excessive Appetite _____
- Excessive Thirst _____
- Frequent Nausea _____
- Vomiting _____
- Diarrhea _____
- Constipation _____
- Hemorrhoids _____
- Liver Trouble _____
- Gall Bladder Problems _____
- Weight Trouble _____
- Abdominal Cramps _____
- Gas/Bloating After Meals _____
- Heartburn _____
- Black/Bloody Stool _____
- Colitis _____

GENERAL

- Allergies (Food/Pollen) _____
- Loss of Sleep _____
- Fever _____
- Headaches _____
- Fatigue _____

GENITO-URINARY

- Bladder Trouble _____
- Painful/Excessive Urination _____
- Discolored Urine _____

C-V-R CODE

- Chest Pain _____
- Short Breath _____
- Blood Pressure Problems _____
- Irregular Heartbeat _____
- Heart Problems _____
- Lung Problems/Congestion _____
- Varicose Veins _____
- Ankle Swelling _____

EENT

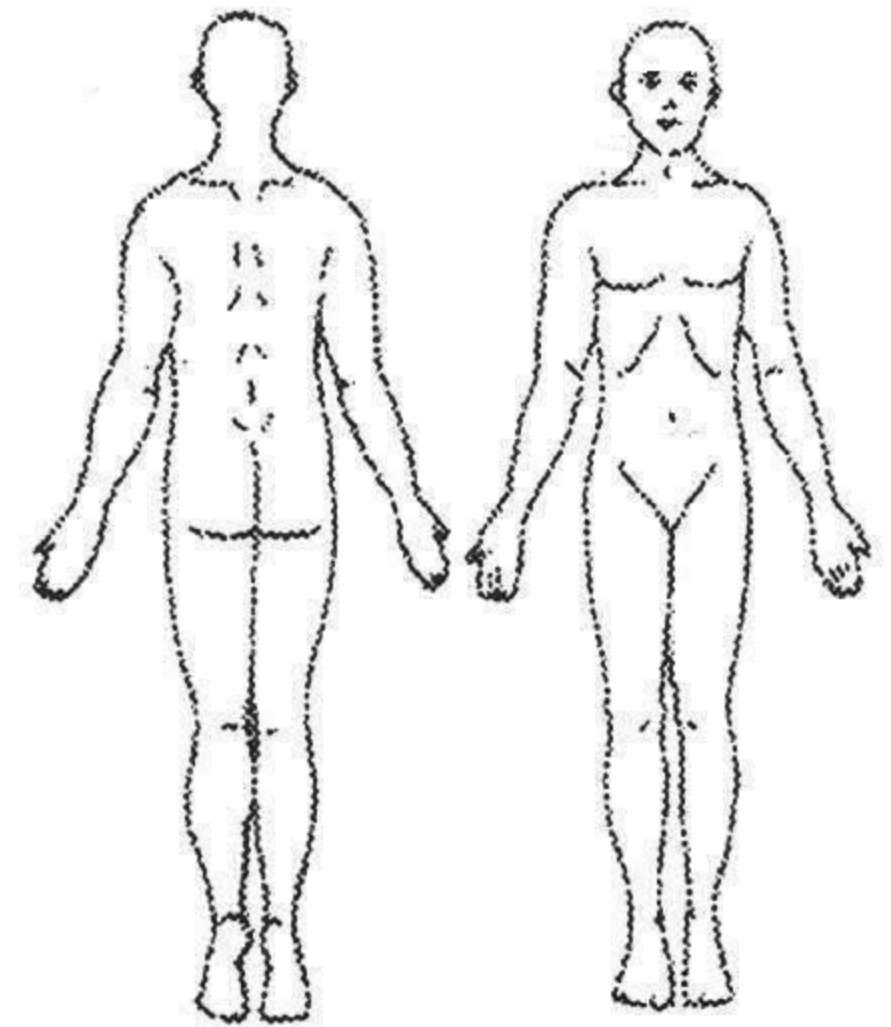
- Vision Problems _____
- Dental Problems _____
- Sore Throat _____
- Ear Aches _____
- Hearing Difficulty _____
- Stuffed Nose _____
- Asthma/Hay Fever _____

MALE/FEMALE CODE

- Menstrual Irregularity _____
- Menstrual Cramping _____
- Vaginal Pain/Infections _____
- Breast Pain/Lumps _____
- Prostate/Sexual Dysfunction _____
- Genital Herpes _____

FEMALES ONLY:

When was your last period? _____
 Are you pregnant? Yes No Maybe



Please outline on the diagram the area of your discomfort.

Do you exercise regularly? Yes No
 (please circle)

- | | |
|---------------|-------------------|
| Run _____ | Stairmaster _____ |
| Walk _____ | Swim _____ |
| Bike _____ | Stretch _____ |
| Weights _____ | _____ |

What type of bed do you sleep on? _____

How old is it? _____

Signature _____

Date _____

Why Chiropractic? People go to Chiropractors for a variety of reasons. Some go for symptomatic relief of pain or discomfort (Relief Care). Others are interested in having the cause of the problem as well as the symptoms corrected and relieved (Corrective Care). Still others want whatever is malfunctioning in their bodies brought to the highest state of health possible with Chiropractic care (Comprehensive Care). Your Doctor will weigh your needs and desires when recommending your treatment program.

Please check the type of care desired so that we may be guided by your wishes whenever possible.

- Relief Care Corrective Care Comprehensive Care Check here if you want the Doctor to select the type of care appropriate for your condition.